

**University of Connecticut
Athletic Training Education Program
Clinical Rotation III- Clinical Proficiencies
Packet #2**

Please complete the following scenarios with your ACI/student during the four week evaluation period. The ACI should evaluate the performance of the athletic training student after completing the following scenarios and discuss the results upon completion.

Medical Conditions and Orthopedic Clinical Examination and Diagnosis

Please indicate the level of performance of your athletic training student by placing the most appropriate number listed below after each scenario. Scores of 2 or 3 indicate a passing (competent) score.

Criteria	Excellent	Proficient	Marginal	Not Competent
	3	2	1	0
Performance & Completion of Scenarios	Student successfully completes tasks/evaluation/skill without guidance or prompting. Is complete and thorough with task/evaluation/skill. Takes necessary steps (in sequence). Is able to handle situation. Demonstrates confidence in abilities.	Student was able to complete the evaluation but needed guidance or prompting at times. Student was able to recognize and properly treat/handle situation.	Student needed support throughout task/evaluation/skill. Student was unorganized in task/evaluation/skills. Missed key components.	Student was unorganized in evaluation. Student was unable to complete the tasks/evaluation/skills. Needed complete explanation or review to complete task.

The Problem #1:

You are working a summer camp for lacrosse and one of your campers comes to you after the morning session complaining of stomach pain and nausea. What might be wrong with this athlete? Once you evaluated the situation what would you do?

Specific Outcomes:

Demonstrate a general and specific (e.g., head, torso and abdomen) assessment for the purpose of (a) screening and referral of common medical conditions, (b) treating those conditions as appropriate, and (c) when appropriate, determining a patient's readiness for physical activity. Effective lines of communication should be established to elicit and convey information about the patient's status and the treatment program.

Score ____

The Problem #2:

A quarterback after repeated blows (sacked several times in the same quarter) comes off the field complaining of low back pain and stomach cramps. Before he is allowed back onto the field you must complete evaluation. What do you discover?

Specific Outcomes:

Incorporate outcomes from both problems 1 & 3.

Score ____

The Problem #3:

You are covering a lacrosse tournament for your local high school district. You are summoned onto the field when a player goes down after colliding with another player. When you get out to the field, the player remains motionless. He is alert and talking to you but in intense pain. What do you determine?

Specific Outcomes:

The athletic training student should demonstrate the ability to demonstrate an assessment for the purpose of identifying injuries. This will include identification and recommendations for the correction of acquired or congenital risk factors for injury. At the conclusion of the assessment, the student will diagnose the patient's condition and determine and apply immediate treatment and/or referral in the management of the condition. The evaluation should include: 1) Obtain a medical history of the patient that includes a previous history and a history of the present injury, 2) Perform inspection/observation of the clinical signs associated with common injuries including deformity, posturing and guarding, edema/swelling, hemarthrosis, and discoloration, 3) Perform inspection/observation of postural, structural, and biomechanical abnormalities, 4) Palpate the bones and soft tissues to determine normal or pathological characteristics, 5) Measure the active and passive joint range of motion using commonly accepted techniques, including the use of a goniometer and inclinometer, 6) Grade the resisted joint range of motion/manual muscle testing and break tests, 7) Apply appropriate stress tests for ligamentous or capsular stability, soft tissue and muscle, and fractures, 8) Apply appropriate special tests for injuries to the specific areas of the body as listed above, 9) Assess neurological status, including cranial nerve function, myotomes, dermatomes and reflexes, and circulatory status, and 10) Document the results of the assessment including the diagnosis.

Score ____

The Problem #4:

A softball player comes to the athletic training room complaining of low back and butt pain. She explains that during a weight training session she awkwardly fell on her butt after completing a set of squats. She experienced pain immediately, but comes a day later to be looked at. What is your assessment?

Specific Outcomes:

Same as problem 3.

Score ____

**Your signatures below indicate completion of the above tasks as well as a discussion of the performance and grade assigned.

ACI Name

ACI Signature

Date

Student Name

Student Signature

Date

Please provide any additional comments on the student performance.

