

**University of Connecticut  
Athletic Training Education Program  
Clinical Rotation III- Clinical Proficiencies  
Packet #1**

Please complete the following scenarios with your ACI/student during the four week evaluation period. The ACI should evaluate the performance of the athletic training student after completing the following scenarios and discuss the results upon completion.

**Orthopedic Clinical Examination and Diagnosis**

Please indicate the level of performance of your athletic training student by placing the most appropriate number listed below after each scenario. Scores of 2 or 3 indicate a passing (competent) score.

Criteria	Excellent	Proficient	Marginal	Not Competent
	3	2	1	0
Performance & Completion of Scenarios	Student successfully completes tasks/evaluation/skill without guidance or prompting. Is complete and thorough with task/evaluation/skill. Takes necessary steps (in sequence). Is able to handle situation. Demonstrates confidence in abilities.	Student was able to complete the evaluation but needed guidance or prompting at times. Student was able to recognize and properly treat/handle situation.	Student needed support throughout task/evaluation/skill. Student was unorganized in task/evaluation/skills. Missed key components.	Student was unorganized in evaluation. Student was unable to complete the tasks/evaluation/skills. Needed complete explanation or review to complete task.

**The Problem #1:**

An ice hockey player collides head on with an opposing player. He lands awkwardly on the ice, remains still momentarily, and then slowly attempts to get up. He appears shaken and disorientated. Please conduct an evaluation.

**Specific Outcomes:**

The athletic training student should demonstrate the ability to demonstrate an assessment for the purpose of identifying a potential injury. The evaluation should include: 1) Obtain a medical history of the patient that includes a previous history and a history of the present injury, 2) Perform inspection/observation of the clinical signs associated with common injuries including deformity, posturing and guarding, edema/swelling, hemarthrosis, and discoloration, 3) Perform inspection/observation of postural, structural, and biomechanical abnormalities, 4) Palpate the bones and soft tissues to determine normal or pathological characteristics, 5) Measure the active and passive joint range of motion using commonly accepted techniques, including the use of a goniometer and inclinometer, 6) Grade the resisted joint range of motion/manual muscle testing and break tests, 7) Apply appropriate stress tests for ligamentous or capsular stability, soft tissue and muscle, and fractures, 8) Apply appropriate special tests for injuries to the specific areas of the body as listed above, 9) Assess neurological status, including cranial nerve function, myotomes, dermatomes and reflexes, and circulatory status, and 10) Document the results of the assessment including the diagnosis.

Score \_\_\_\_

The Problem #2:

A swimmer is working on her open turns, when she is accidentally kicked in the face by another swimmer. She comes to you complaining of intense pain on the right side of her face. Complete an evaluation.

Specific Outcomes:

Same as problem 1

Score \_\_\_\_

The Problem #3:

During field hockey practice a player takes a stick to the side. They come off the field to you in some discomfort. Please evaluate the injury.

Specific Outcomes:

Same as problem 1.

The Problem #4:

You are summoned onto the field during a rugby game. The injured player is in obvious pain and having difficulty breathing. Someone explains that they saw him land on top of the ball after being tackled. What do you determine?

Specific Outcomes:

Same as problem #1.

Score \_\_\_\_

Score \_\_\_\_

\*\*Your signatures below indicate completion of the above tasks as well as a discussion of the performance and grade assigned.

\_\_\_\_\_  
ACI Name

\_\_\_\_\_  
ACI Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student Name

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

Please provide any additional comments on the student performance.

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