University of Connecticut
Athletic Training Education Program
Clinical Rotation II- Clinical Proficiencies
Packet #1

Please complete the following scenarios with your ACI/student during the four week evaluation period. The ACI should evaluate the performance of the athletic training student after completing the following scenarios and discuss the results upon completion.

Orthopedic Clinical Examination and Diagnosis

Please indicate the level of performance of your athletic training student by placing the most appropriate number listed below after each scenario. Scores of 2 or 3 indicate a passing (competent) score.

Criteria	Excellent	Proficient	Marginal	Not Competent
	3	2	1	0
Performance & Completion of Scenarios	Student successfully completes tasks/evaluation/skill without guidance or prompting. Is complete and thorough with task/evaluation/skill. Takes necessary steps (in sequence). Is able to handle situation. Demonstrates confidence in abilities.	Student was able to complete the evaluation but needed guidance or prompting at times. Student was able to recognize and properly treat/handle situation.	Student needed support throughout task/evaluation/skill. Student was unorganized in task/evaluation/skills. Missed key components.	Student was unorganized in evaluation. Student was unable to complete the tasks/evaluation/skills. Needed complete explanation or review to complete task.

The same four problems should have the same outcome as indicated below:

The Problem:
A football athlete comes to the training room after practice today complaining of right foot pain. Please conduct a thorough evaluation (i.e. Lisfranc injury).

Specific Outcomes:
The athletic training student should demonstrate the ability to demonstrate a musculoskeletal assessment of the lower extremity for the purpose of identifying (a) common acquired or congenital risk factors that would predispose the patient to injury and (b) a musculoskeletal injury. This will include identification and recommendations for the correction of acquired or congenital risk factors for injury. At the conclusion of the assessment, the student will diagnose the patient's condition and determine and apply immediate treatment and/or referral in the management of the condition. The evaluation should include: 1) Obtain a medical history of the patient that includes a previous history and a history of the present injury, 2) Perform inspection/observation of the clinical signs associated with common injuries including deformity, posturing and guarding, edema/swelling, hemarthrosis, and discoloration, 3) Perform inspection/observation of postural, structural, and biomechanical abnormalities, 4) Palpate the bones and soft tissues to determine normal or pathological characteristics, 5) Measure the active and passive joint range of motion using commonly accepted techniques, including the use of a goniometer and inclinometer, 6) Grade the resisted joint range of motion/manual muscle testing and break tests, 7) Apply appropriate stress tests for ligamentous or capsular stability, soft tissue and muscle, and fractures, 8)

Apply appropriate special tests for injuries to the specific areas of the body as listed above, 9) Assess neurological status, including cranial nerve function, myotomes, dermatomes and reflexes, and circulatory status, and 10) Document the results of the assessment including the diagnosis.

Score ____

The Problem:
You are covering a basketball camp over the summer when an athlete comes to you with a pathological gait. They complain of knee pain (i.e. IT Band Syndrome). Please conduct a full evaluation of the player.

Specific Outcomes:
Same as problem 1.

Score ____

The Problem:
A division III basketball/lacrosse player comes to you after pre-season conditioning drills with knee pain (i.e. patellar tendonitis). Conduct an evaluation.

Specific Outcomes:
Same as problem 1.

Score ____

The Problem:
During tennis practice a player steps and lands awkwardly. They get up slowly and summon you over to take a look. They are in obvious pain (i.e. syndesmotic sprain). Complete an evaluation.

Specific Outcomes:
Same as problem 1.

Score ____

**Your signatures below indicate completion of the above tasks as well as a discussion of the performance and grade assigned.

_____	_____	_____
ACI Name	ACI Signature	Date
_____	_____	_____
Student Name	Student Signature	Date

Please provide any additional comments on the student performance.

_____
_____
_____