

**University of Connecticut
Athletic Training Education Program
Clinical Rotation II- Clinical Proficiencies
Packet #2**

Please complete the following scenarios with your ACI/student during the four week evaluation period. The ACI should evaluate the performance of the athletic training student after completing the following scenarios and discuss the results upon completion.

Risk Management and Injury Prevention

Please indicate the level of performance of your athletic training student by placing the most appropriate number listed below after each scenario. Scores of 2 or 3 indicate a passing (competent) score.

Criteria	Excellent	Proficient	Marginal	Not Competent
	3	2	1	0
Performance & Completion of Scenarios	Student successfully completes tasks/evaluation/skill without guidance or prompting. Is complete and thorough with task/evaluation/skill. Takes necessary steps (in sequence). Is able to handle situation. Demonstrates confidence in abilities.	Student was able to complete the evaluation but needed guidance or prompting at times. Student was able to recognize and properly treat/handle situation.	Student needed support throughout task/evaluation/skill. Student was unorganized in task/evaluation/skills. Missed key components.	Student was unorganized in evaluation. Student was unable to complete the tasks/evaluation/skills. Needed complete explanation or review to complete task.

The same four problems should have the same outcome as indicated below:

The Problem:

A female field hockey athlete comes to morning treatments complaining of left hip pain following last night's game. Please conduct an evaluation of her left hip (i.e. snapping hip syndrome).

Specific Outcomes:

The athletic training student should demonstrate the ability to demonstrate a musculoskeletal assessment of the lower extremity for the purpose of identifying (a) common acquired or congenital risk factors that would predispose the patient to injury and (b) a musculoskeletal injury. This will include identification and recommendations for the correction of acquired or congenital risk factors for injury. At the conclusion of the assessment, the student will diagnose the patient's condition and determine and apply immediate treatment and/or referral in the management of the condition. The evaluation should include: 1) Obtain a medical history of the patient that includes a previous history and a history of the present injury, 2) Perform inspection/observation of the clinical signs associated with common injuries including deformity, posturing and guarding, edema/swelling, hemarthrosis, and discoloration, 3) Perform inspection/observation of postural, structural, and biomechanical abnormalities, 4) Palpate the bones and soft tissues to determine normal or pathological characteristics, 5) Measure the active and passive joint range of motion using commonly accepted techniques, including the use of a goniometer and inclinometer, 6) Grade the resisted joint range of motion/manual muscle testing and break tests, 7) Apply

appropriate stress tests for ligamentous or capsular stability, soft tissue and muscle, and fractures, 8) Apply appropriate special tests for injuries to the specific areas of the body as listed above, 9) Assess neurological status, including cranial nerve function, myotomes, dermatomes and reflexes, and circulatory status, and 10) Document the results of the assessment including the diagnosis.

Score _____

The Problem:

An in-season swimmer comes to talk to you about her shoulder. She has been experiencing some pain and seen a decrease in her time over the past two weeks (i.e. labral tear). What might she be suffering from?

Specific Outcomes:

Same as problem 1.

Score _____

The Problem:

After covering an ice hockey game, one of the players comes to you with elbow pain. He asks you to take a look at it (i.e. ulnar nerve Subluxation). What do you determine?

Specific Outcomes:

Same as problem 1.

Score _____

The Problem:

A soccer player comes to you complaining of right wrist pain. He suggest the pain has been persistent all season, but wanted to wait to the end to have it looked at (fear of missing the season). Complete an evaluation (i.e. scaphoid fracture).

Specific Outcomes:

Same as problem 1.

Score _____

**Your signatures below indicate completion of the above tasks as well as a discussion of the performance and grade assigned.

ACI Name

ACI Signature

Date

Student Name

Student Signature

Date

Please provide any additional comments on the student performance.
