

KINESIOLOGY PROGRAM GUIDELINES**Major: Social Science of Sport
(KSOCS CI BS - CABS)****Concentration: Coaching and Administration
(CA BS)**

These guidelines summarize the requirements for a Bachelor of Science for students following the 2008-2009 requirements.

The aim of this academic concentration is to prepare students to coach and/or administer their sport or sport program to individuals and teams at the amateur, collegiate, and professional levels.

A. General Education Requirements

The General Education Requirements listed in the Academic Regulations of the University of Connecticut Undergraduate Catalog 2008-2009 include:

- Content Area 1 – Arts and Humanities 6 credits
- Content Area 2 – Social Science 6 credits
- Content Area 3 – Science & Technology 6-7 credits
- Content Area 4 – Diversity & Multicultural 6 credits

B. Kinesiology Requirements

EKIN 1160/160	First Aid & CPR; 1 Team Sport Activity; 1 Individual Sport Activity; Lifeguard Training, Water Safety Instruction, or Beginning Swimming; and Free Weight Training	5 credits
EKIN 3215/202	Theory of Coaching	3 credits
EKIN 3210/206	Sport Administration I	3 credits
EKIN 3200/207	Sport Administration II	3 credits
EKIN 3500/210	Exercise and Sport Science	4 credits
EKIN 3300W/236W	Introduction to Sport Sociology	3 credits
EKIN 3320/240	Intro to Sport and Exercise Psychology	3 credits
EKIN 3090/262	Directed Observation	3 credits
EKIN 3520/263	Applied Anatomy and Kinesiology	3 credits
EKIN 3100/264	Prevention and Care of Athletic Injuries	3 credits
EKIN 3335/271	Sport Law	3 credits
EKIN 3545/274	Resistance Training Exercise Techniques and Evaluation	3 credits
EKIN 3340/281	Sport Marketing	3 credits
EKIN 3310/284	Introduction to Sport Management	3 credits
EKIN 3315/286	Issues in Sport	3 credits
EKIN 3091/290	Internship	12 credits
EKIN 3099W/299W	Independent Study	3 credits

- C. Related Requirements:** ACCT 2001/131; BADM 4895/298; BIOL 1102/102 or BIOL 1107/107; CHEM 1122/122, COMM 1100/105; ECON 1202/111, ECON 1201/112; MATH 1070Q/105Q; NUSC 1165/165; PSYC 1100/132; PSYC 1101/133 or PSYC 1103/135; SOCI 1001/107 or SOCI 1251/115; STAT 1000Q/100Q or STAT 1100Q/110Q.

Earn at least 120 credits with a minimum total grade point average of 2.2.

COACHING AND ADMINISTRATION (KSOCS - BS – CABS)

SAMPLE SEMESTER SEQUENCE

2008-2009

SEMESTER 1 (13 credits)

Content Area 1	3
Content Area 4	3
ENGL 1010/110 or ENGL 1011/111	4
PSYC 1100/132 (Also fulfills Content Area 3)	3

SEMESTER 2 (15 credits)

BIOL 1102/102 or BIOL 1107/107 (Fulfills CA 3)	4
Content Area 1	3
NUSC 1165/165	3
STAT 1000Q/100Q or STAT 1100Q/110Q	4
EKIN 1160/160 – Individual Sport Activity	1

SUMMER SESSION

* Language	8
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SEMESTER 3 (15 or 16 credits)

ACCT 2001/131	3
ECON 1202/111 (Also fulfills CA 2)	3
MATH 1070Q/105Q	3
Content Area 4	3
PSYC 1101/133 or PSYC 1103/135	3 or 4

SEMESTER 4 (17 credits)

CHEM 1122/122	4
COMM 1100/105	3
ECON 1201/112	3
SOCI 1001/107 or SOC 1251/115 (Also fulfill CA 2)	3
EKIN 1160/160 Team Sport Activity	1
EKIN 3200/207 Sport Administration II	3

SEMESTER 5 (17 credits)

EKIN 1160/160 Free Weight Training	1
EKIN 3215/202 Theory of Coaching	3
EKIN 3210/206 Sport Administration I	3
EKIN 3520/263 Applied Anatomy and Kinesiology	3
EKIN 3100/264 Prev. & Care of Athletic Injuries	3
BADM 4895/298 Special Topics	3

SEMESTER 6 (16 credits)

EKIN 1160/160 Life. Tr./Water Safe. or Beg. Swim	1
EKIN 3500/210 Exercise and Sport Science	4
EKIN 3320/240 Intro to Sport and Exer. Psychology	3
EKIN 3545/274 Resist. Train. Exer. Tech. & Eval.	3
EKIN 3340/281 Sport Marketing	3
EKIN 3099W/299W Independent Study	3

SEMESTER 7 (16 credits)

EKIN 1160/160 First Aid and CPR	1
EKIN 3300W/236W Introduction to Sport Sociology	3
EKIN 3090/262 Directed Observation	3
EKIN 3335/271 Sport Law	3
EKIN 3310/284 Intro. to Sport Management	3
EKIN 3315/286 Issues in Sport	3

SEMESTER 8 (12 credits)

EKIN 3091/290 Internship	12
14 weeks/600 hrs.	

*Required of all students not meeting the University requirement of three years of a single foreign language in high school.

Lower division requirements have been selected to assist students with completing the general education requirements, including two W courses (one must be 2000-level or above and associated with the student's major) and two Q courses (one Q course must be from Mathematics or Statistics). Courses in Content Areas 1-3 must be in different departments.

Earn at least 120 credits with a minimum total grade point average of 2.2.